

(A)

vs.

(B, C) ?

Under which  
Ordinary legal

If a FR is violated, then aggrieved individual under Art. 32 of Constitution can approach SC directly to get his FR imposed.

the aggrieved individual can either go to HC directly, u/a 226, or to the subordinate courts.  
can go to SC by way of appeal, and not directly.

Only difference

### NATURAL RIGHTS, HUMAN RIGHTS

are those rights which are regarded to have bestowed on an individual, by virtue of having been born in this world.

They are Non-legal, Moral rights unless they are guaranteed under law.

- e.g. Right to Life — Natural Right.
- e.g. Right to Equality
- e.g. Right to Religion

### HUMAN RIGHTS

- originally, in wild
- Man enjoyed license  $\Rightarrow$  Rights w/o responsibility.
  - ↳ can do anything
  - ↳ Might is Right (no protection)

All FRs,  
are Human  
Rights,  
but not  
vice-versa

- Man organised into society, and started living as human
  - ↳ gave up for Right to license, in return for protection.
  - ↳ with responsibility

- Agreed to enjoy certain rights



[ Man starts living in society, becomes Human ]

Human Rights are those rights, which are considered to be essential, for dignified a man to lead a dignified human existence, are collectively called Human Rights. Human Rights are moral rights unless guaranteed under law.

## NATIONAL INCOME

(3)

### → Basics

- Economy
- Economic Activities
- Non-economic activities
- Intermediate goods + services
- Capital goods + services.
- Consumer goods + services.

### → Measure of National Income

- Value Added Method
- Income Method
- Expenditure Method

### → Basic Price

- Basic Prod<sup>n</sup> tax
- Prod<sup>n</sup> subsidies
- Product tax
- Product subsidies

### → Organization

- NSSO
- CEO
- NSO.

Economy: - It refers to an area, or region, where there are well-defined rules & regulations - and to implement them, well-established institutions.

Money laundering  
convert black money to white

Economic activities: All those activities are included, which can be measured in monetary terms.

Non-economic activities: - Amateur services → a falling from time to time.

- Illegal activities → do not include legal money valuations.  
↳ All illegal are non-economic.

### • Intermediate goods & services

- Those goods & services, which are used to produce final goods & services, & exhausted in that process completely, in that process  
↳ e.g. oil used, needs sugar, milk, tea leaf.  
↳ intermediate goods

### • Consumer goods & services

- Finally available for consumption, and they do not need any further modifications.  
↳ t-shirt  
↳ shirt.

### • Capital goods & services

- Those goods & services, which may be used for production of final goods & services, but stay for longer period.  
↳ online lecture board + camera  
↳ laptop (for personal use consumer good)  
↳ for delivering lectures (capital good)

NUTRIENTS

- Carbohydrate
- Fats
- Protein

Vitamins  
organic compounds

MICRO NUTRIENTS

- inorganic compounds
- Minerals
- Zn — immunity
- Fe — Haemoglobin
- Se — immunity
- I — thyroxine hormone
- Ca — bone strength, blood clotting

VITAMIN DBONE

Organic HYDROXYAPATITE  
COLLAGEN PROTEIN  
Inorganic SALT  
Ca, P  
strength of bone.

STRUCTURE &  
SKIN (7-DHEHYDROCHOLESTROL)

CHOLECALCIFEROL

LIVER  
KIDNEY  
(ALCITRIOL)

Ca P → Bone Strength

- Functions → for bone strength.

- Sources → Cod liver oil, egg, meat, including liver. Rickets in children. (BOWLEGS)

- Deficiency → OSTEOMALACIA IN ADULTS  
- demineralization of bones

OSTEOPOROSIS ⇒ OSTEOBLAST, OSTEOCLAST

- Sedentary lifestyle
- Ageing
- Vit. D deficiency
- Hormonal imbalance — Estrogen

VITAMIN A

- HYPERVITAMINOSIS, 1000x more vit. intake than demanded.

Sources

Plant → BETA-CAROTENE  
(Papaya, carrot, mango)  
Animal → Egg  
→ Meat, including  
liver of animal  
→ Cod liver oil

Vit A, Vit D  
Omega-3 polyunsaturated  
fat.

Functions

WBCs  
Fighting disease  
Eye ball.

- LACHRYMAL GLAND — secretes tears
- Retina → Rodo → Rhodopsin

disintegration in  
bright light  
needs Vit. A  
for resynthesis  
for night vision  
& dim light  
vision.

Vit. A deficiency

- ① NYCTALPIA  
Light-blindness

- ② DARK ADAPTATION TIME TEST.
- ③ XEROPHTHALMIA — BITOT'S SPOT
- CORNEAL XEROSIS
- ④ Lower immunity.

VITAMIN K (PHYLLOQUINONE)

Liver → Blood clotting protein  
PROTHROMBIN  
FIBRINOGEN

Vit K leads to  
formation.

Haemorrhage ⇒ too much loss  
of blood before clotting  
happens.

Sources

Green leafy vegetables  
+ Spinach, cabbage  
Meat, including liver  
of animal  
Egg.

static & dynamic

↳ IR belongs to here

- Newspaper ⇒ indispensable

↳ IE or TH, any one of them.

⇒ World page

- Lectures suffice.

⇒ cover everyday.

- Yellow Book if needed & want to read more.

⇒

Caution: Don't buy any books on IR.

- All questions from current developments.

**BASICS OF  
INTERNATIONAL RELATIONS**

- Also known as: International Politics

- Study of relations b/w states of the world.

↓  
State is a country  
in international  
politics

- Why do we study IR?

↳ One of bigger problems; human civilization

↳ CONFLICT AND WAR

how to  
protect  
world from war?

how to maintain  
international peace & security?

- Concept of state in int'l. politics

beginning of IR.

• developed in (1648) in Europe

• Treaty of Westphalia,  
↳ b/w European powers

• State has 2 main features

Population  
Govt.

+ features of state!!

Sovereignty

Territorial  
Integrity

→ independent  
decision-making.

Pre  
quesn

- Nature of world politics: **Dynamic**

No permanent friends  
& enemies.

4 phases of World Politics:

• 1st phase: (1648-1919): WESTPHALIAN WORLD  
(ORDER)

↳ Politics between European states.

(only restricted to Europe)

↳ Great powers of Europe constantly maintaining BOP with each other

BOP collapsed

World War I.

Nature of international politics is known as world order of that period.

Westphalian system

↳ 2 principles:

① States enjoy sovereignty & independence. They control whatever happens inside territory.

② Relation b/w states are structured by acceptance of sovereign independence of all states. Thus, states are legally equal.

- Why 1st phase only restricted to Europe?

→ ऐसा क्यों हुआ था?

Rust of the world was colonized by Europe

My ques.

Didn't USA achieve independence in 1776?

• 2nd phase (1919-1939)

World War I to World War II

Inter-war period

• Biggest concern, why did we have World War I?

• Why we killed so much people?

• How to prevent this again?

- Woodrow Wilson → USA President in 1919.

→ Ho-day per  
14-point speech in US Congress

→ he says, balance of power has been wrong strategy.

↳ let us create a new world order which will be based on idea of [Collective security].